



TRAINING

Information Pack



Since 2012, the Snowdrop Project has supported over 800 survivors of modern slavery and exploitation in their recovery, so that they can build lives free from their past.



ABOUT SNOWDROP

The Snowdrop Project is a South Yorkshire based charity that provides long-term holistic support to empower survivors of modern slavery to recover from their pasts and rebuild their futures. Our services include casework and befriending, counselling, community activities, house renovation, training, consultancy, policy work and partnerships.

We are passionate about survivors of exploitation receiving high quality support, and we are committed to offering our expertise to bring interesting and engaging training content that makes a difference to practice.



We run training for statutory and voluntary service bodies including the police, social services, mental health services, anti-trafficking charities, adult safeguarding, housing support agencies, universities, drug and alcohol agencies and youth work programmes.

As one of the co-authors of the 'UK training framework for identifying and supporting survivors of trafficking', we offer high quality and up to date content from trainers with experience working in the field. Training is delivered through interactive and engaging teaching methods, accompanied by relevant handouts, tools and resources.

"I found this training engaging. It was useful to consider the nuances of trafficking/slavery, how systemic the problem is and the process of getting advice. The section on working with translators was also excellent."

- Nottingham City Council



SUMMARY OF MODULES

Below is a summary of modules currently available as training sessions. Sessions can be delivered online or in person, and can be tailored to the needs of your organisation.

"The Snowdrop training is very interactive with lots of examples and room for reflection. The training has already impacted my practice."

- Housing for Women, London

IDENTIFYING AND RESPONDING TO MODERN SLAVERY AND HUMAN TRAFFICKING

1 day

- What is trafficking and modern slavery
- Pre-trafficking precarities
- Barriers to disclosure
- Indicators to look for
- Impact of trauma on survivors
- Best practice supporting survivors
- How to respond to an adult / child survivor
- Overview of National Referral Mechanism (NRM), when and how to refer
- Sources of support outside the NRM



BOUNDARIES, EMPOWERMENT AND ANTI-OPPRESSIVE PRACTICE

3 hours

- Developing trust
- Working with interpreters
- Internal & external barriers
- Anti-oppressive practice
- Discrimination
- Elements of power & use of power
- Empowering victims
- Reflective practice
- Self-care
- Professional boundaries

SNOWDROP TRAINING

ADVOCATING FOR SURVIVORS WITH COMPLEX NEEDS

1 day

Suitable for frontline workers with experience of supporting people with complex needs, this module will equip practitioners with the skills to advocate effectively for survivors to access the statutory support they need

- Complex needs of survivors
- Barriers to accessing statutory support
- Relevant legislation for advocacy
- Tailoring support to the individual
- Advocacy in practice
- Useful resources

INTRODUCTION TO WORKING WITH TRAUMA

3 hours

Introductory session suitable for people with limited or no experience of working with trauma

- What is trauma
- Attachment theory
- Introduction to neuroscience
- Triggers
- PTSD
- Impact on health
- Self-harm & suicide
- Basic tools for supporting a traumatised person
- Vicarious trauma & self-care

SUPPORTING PEOPLE WITH COMPLEX TRAUMA

1 day

In-depth session suitable for workers who provide advocacy, support or interventions to people known to be affected by trauma. Session delivered by trauma specialists.

- Understanding trauma & complex trauma
- Insight into neuroscience
- Identifying signs of complex trauma
- Engaging people with a trauma-informed approach
- Empowering people with grounding & stabilisation techniques
- Vicarious trauma & self-care

89% of participants rated Snowdrop's training as "excellent"

SNOWDROP TRAINING

EFFECTIVE RECORDING

2 hours

- Why good recording is important
- Appropriate language
- Key principles of effective recording
- Practical application

INFORMED CONSENT

1.5 hours

- What is informed consent
- Barriers to obtaining consent
- Strategies for overcoming barriers
- Trauma-informed approach

VICARIOUS TRAUMA AND SELF-CARE

1.5 hours

- What is vicarious trauma (including secondary trauma responses, burnout & compassion fatigue)
- Recognising signs of vicarious trauma
- Reflective practice and awareness of the impact of vicarious trauma on individuals
- Practical tools for managing the impact / self-care



"Brilliant training, I would highly recommend."

- NHS, Rotherham



*98% of participants would recommend
Snowdrop's training to others*

BOOKING

To book our training, or to discuss your training needs in more detail, you are welcome to contact our Training Lead, Rachel Dale, by emailing **rachel.dale@snowdropproject.co.uk**